

—PAVAI—

THE POWER OF HER HANDS

Steps Towards Rural Women's Economic Success

We create steady income opportunities by transforming traditional food skills into sustainable livelihoods for women from economically unsteady rural backgrounds.

Herbal Powders



Moringa Powder: Rich in antioxidants and high in calcium, supporting overall health and strong bones . A good source of iron and vitamins A, C, and E, helping boost immunity and blood health



Thuthuvalai Powder: Helps heal colds and coughs, supports asthma-related conditions, and has anti-inflammatory and antibacterial properties.

Healthy Snacks



Elu Urundai is rich in iron, it helps increase haemoglobin levels naturally. Enhances red blood cell production and oxygen flow. Helps reduce fatigue, dizziness, and weakness caused by anaemia.

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Kadalai urundai is rich in protein and gives long-lasting energy. It helps improve blood health due to the iron in jaggery. A natural, preservative-free snack that supports digestion and heart health



Murukku :
Freshly Ground.
Retains
maximum
flavor and
nutrients.



Thattai: Pure &
Organic. No artificial
additives or
preservatives

“Every bite empowers rural
women and uplifts deserving
communities!”

For more orders, contact us

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